

2019 MINI/JUNIOR TENNIS PROGRAMME

NEWLANDS LTC

**18 MOCHRUM RD, GLASGOW,
G43 2QE**

BLOCK 3 (11 WEEKS)

MONDAY 15TH APRIL -

FRIDAY 28TH JUNE

**CLASSES AVAILABLE 7 DAYS A WEEK FOR ALL AGES
AND ABILITIES.**

NON MEMBERS MAY TRIAL 1 BLOCK BEFORE JOINING

FOR MORE INFO -

STEELTENNIS@NEWLANDSLTC.CO.UK

0141 632 1742 / 07931 500 191

CLUBSPARK.LTA.ORG.UK/STEELTENNIS



@newlandsltc





AT NEWLANDS, OUR FULLY QUALIFIED COACHING TEAM OFFER ALL PLAYERS A FUN, SAFE AND ENJOYABLE LEARNING ENVIRONMENT REGARDLESS OF STANDARD.

WE PROVIDE NUMEROUS GROUP SESSIONS ACROSS THE WEEK, IF YOU ARE UNSURE WHICH CLASS TO ATTEND PLEASE CONTACT ONE OF OUR COACHES WHO WILL BE HAPPY TO ASSIST.

OUR COACHES ARE ALSO AVAILABLE FOR INDIVIDUAL LESSONS AND SHOULD BE CONTACTED DIRECTLY TO ARRANGE.

CAITLIN STEEL (LEVEL 4) 07805 523 717 £25 P/H

JENNIFER STEEL (LEVEL 4) 07931 500 191 £25 P/H

PETER ROBINSON (LEVEL 4) 07922 862 700 £20 P/H

EMMA GIBSON (LEVEL 3) 07814 396 534 £15 P/H

**GENERAL COACHING ENQUIRIES SHOULD BE SENT TO
STEELTENNIS@NEWLANDSLTC.CO.UK**

***PLEASE NOTE NON MEMBERS MAY ATTEND
ONE BLOCK OF COACHING BEFORE JOINING***





BLOCK 3 DATES;

**MONDAY 15TH APRIL - FRIDAY 28TH JUNE
(11 WEEKS)**

THERE WILL BE NO COACHING ON OVER THE EASTER WEEKEND (19TH - 22ND APRIL INCLUSIVE), HOWEVER COACHING WILL REMAIN ON OVER THE MAY HOLIDAY WEEKENDS.

THERE ARE A FEW DATES WHERE SESSIONS WILL NOT RUN;

MONDAY 6TH MAY

RED ACES, YELLOW ACES AND ORANGE ACES WILL NOT RUN ON MONDAY 6TH MAY AS CAITLIN AND JENNIFER ARE CAPTAINING THE U14 WEST COUNTY CUP TEAM.

**YELLOW INVITE WILL NOT RUN ON WEDNESDAY 22ND MAY
U12 ACES WILL NOT RUN ON THURSDAY 23RD MAY**





BOOKING INFORMATION - BLOCK 3;

MONDAY 15TH APRIL - FRIDAY 28TH JUNE (11 WEEKS)

PRICES VARY DEPENDING ON THE NUMBER OF WEEKS, DURATION AND LOCATION (INDOOR OR OUTDOOR) OF SQUAD. CLASSES ARE FILLED ON A FIRST COME FIRST SERVED BASIS, AND AS SUCH WE RECOMMEND EARLY BOOKING. PLEASE CONTACT RECEPTION FOR MORE INFO.

MOST CLASSES WILL BE OUTSIDE THIS BLOCK SO WE ASK THAT CHILDREN COME DRESSED APPROPRIATELY. IN THE EVENT OF OUTDOOR COURTS BECOMING UNPLAYABLE, PARENTS WILL BE CONTACTED AS SOON AS POSSIBLE.

PLEASE ENSURE YOU COMPLETE A REGISTRATION FORM TO ENSURE RECEPTION HAVE UP TO DATE CONTACT DETAILS WHEN MAKING PAYMENT.





TOTS



TOTS TENNIS IS FOR PRE SCHOOL CHILDREN AGED 3 AND 4 YEARS OLD. PLAYERS LEARN THE BASICS THROUGH A SERIES OF FUN ACTIVITIES WHICH CHALLENGE THEIR BALANCE, CO-ORDINATION, AGILITY, MOVEMENT AND RACKET & BALL SKILLS.

CLASSES

ALL SESSIONS ARE £3 PAYG

TUESDAY 3.30-4PM

WEDNESDAY 2-2.30PM



PARENT & CHILD



PARENT & CHILD SESSIONS ARE FOR PRE SCHOOL CHILDREN AGED 2 -4 YEARS OLD. PLAYERS WORK WITH THEIR PARENT TO GO THROUGH FUN EXERCISES AND GAMES WHICH CHALLENGE THEIR BALANCE, CO-ORDINATION, AGILITY, MOVEMENT AND RACKET & BALL SKILLS. TEAM WORK ESSENTIAL!

CLASSES

ALL SESSIONS ARE £3 PAYG

SUNDAY 9-9.30AM



MINI RED



MINI TENNIS RED IS FOR PLAYERS AGED 8 AND UNDER. IT IS PLAYED ON SMALL COURTS WITH SHORT RACKETS AND SPONGE BALLS OR FELT BALLS. IT'S JUST LIKE THE REAL GAME AND GIVES PLAYERS OPPORTUNITIES TO HAVE LONG RALLIES AND PLAY DIFFERENT TYPES OF SHOTS.

CLASSES

***INVITE ONLY**

MONDAY - RED ACES* - 4-5PM

TUESDAY - RED HITTERS (P1&P2) - 4-5PM

WEDNESDAY - RED HITTERS (P3&P4) - 4-5PM

SUNDAY - RED SMASHERS/HITTERS (P1-P4) - 9.30-10.30AM

ADDITIONAL FREE CLASSES

(MEMBERS ONLY)

FRIDAY - CARDIO TENNIS - 5-6PM

SATURDAY - RED CLUB - 9-10AM



MINI ORANGE



MINI TENNIS ORANGE IS A GREAT WAY FOR PLAYERS TO CONTINUE THEIR PROGRESS FROM MINI TENNIS RED AND IS FOR PLAYERS AGED 8 AND 9. IT IS PLAYED WITH SHORTER RACKETS, SOFTER BALLS AND COURTS ARE BIGGER AND WIDER THAN THE RED STAGE BUT STILL SMALLER THAN FULL-SIZE TENNIS COURTS ALLOWING PLAYERS TO DEVELOP A ROUNDED GAME WHILST LEARNING A RANGE OF TECHNIQUES AND TACTICS.

CLASSES

***INVITE ONLY**

MONDAY - ORANGE ACES* - 7-8PM

WEDNESDAY - ORANGE HITTERS (P3&P4) - 4-5PM

SUNDAY - ORANGE SMASHERS - 930-1030AM

ADDITIONAL FREE CLASSES

(MEMBERS ONLY)

FRIDAY - CARDIO TENNIS - 5-6PM

SATURDAY - ORANGE CLUB - 10-11AM



MINI GREEN



MINI TENNIS GREEN IS A GREAT WAY FOR PLAYERS TO CONTINUE THEIR PROGRESS FROM MINI TENNIS ORANGE. IT IS PLAYED ON A FULL SIZE TENNIS COURT, WITH BIGGER RACKETS AND BALLS WHICH ARE A LITTLE SOFTER THAN YELLOW BALLS. IT'S THE NEXT STAGE BEFORE MOVING ON TO FULL COMPRESSION YELLOW BALLS ON A FULL SIZED COURT AND HELPS PLAYERS DEVELOP AND IMPROVE ALL ASPECTS OF THEIR GAME.

CLASSES

***INVITE ONLY**

MONDAY - ORANGE/GREEN ACES* - 7-8PM

TUESDAY - GREEN ACES* - 4.30-5.30PM

TUESDAY - GREEN/YELLOW GIRLS - 6-7PM

WEDNESDAY - GREEN/YELLOW BOYS - 5-6PM

THURSDAY - GREEN ACES* - 6.30-8PM

SUNDAY - GREEN/YELLOW SMASHERS - 10.30-11.30 AM

ADDITIONAL FREE CLASSES

(MEMBERS ONLY)

FRIDAY - CARDIO TENNIS - 5-6PM

SATURDAY - GREEN CLUB - 10-11AM



YELLOW



YELLOW TENNIS IS PLAYED ON A FULL SIZED COURT WITH FULL COMPRESSION YELLOW BALLS. WE HAVE SESSIONS AVAILABLE FOR ALL LEVELS OF PLAYER.

CLASSES

***INVITE ONLY**

MONDAY - YELLOW ACES * - 5.30-7PM

TUESDAY - GREEN/YELLOW HITTERS (GIRLS) - 6-7PM

WEDNESDAY - GREEN/YELLOW HITTERS (BOYS) - 5-6PM

WEDNESDAY - YELLOW INVITE* - 8-9.30PM

THURSDAY - U12 ACES* - 4-5.30PM

THURSDAY - U16 SMASHERS - 5-6.30PM

FRIDAY - YELLOW ACES* - 7-8.30PM

**SUN - GREEN/YELLOW SMASHERS -
10.30-11.30AM**

ADDITIONAL FREE CLASSES

(MEMBERS ONLY)

SATURDAY - YELLOW CLUB - 12-1PM

MINI AND JUNIOR COMPETITION

**ALL PLAYERS ATTENDING SQUADS AT NEWLANDS WILL BE
ENCOURAGED TO COMPETE BOTH WITHIN THE CLUB AND AT
EXTERNAL EVENTS.**

**THE CLUB ENTER A NUMBER OF TEAMS IN TO THE WEST OF
SCOTLAND LEAGUES.**

**MINI LEAGUES (RED/ORANGE/GREEN) AND
U14 AND U18 LEAGUES RUN IN THE SUMMER SEASON
(1 APRIL - 31ST AUGUST)**

**U12 AND U16 LEAGUES RUN IN THE WINTER SEASON
(1ST AUGUST - 31ST MARCH)**

**IN ORDER TO COMPETE PLAYERS MUST HAVE A BRITISH
TENNIS MEMBERSHIP (BTM) WHICH IS FREE TO SIGN UP
FOR;**

WWW.LTA.ORG.UK/MEMBER