

COMING SOON

2018 TENNIS PROGRAMME



NEWLANDS LTC

18 MOCHRUM RD, GLASGOW,
G43 2QE

**BLOCK 5:
MONDAY 22ND OCTOBER -
FRIDAY 21ST DECEMBER**



CLASSES AVAILABLE 7 DAYS A WEEK FOR ALL AGES
AND ABILITIES.

NON MEMBER TRIAL BLOCKS AVAILABLE.

FOR MORE INFO -

STEELTENNIS@NEWLANDSLTC.CO.UK

0141 632 1742 / 07931 500 191

CLUBSPARK.LTA.ORG.UK/STEELTENNIS





At Newlands, our fully qualified coaching team aim to offer all players a fun, safe and enjoyable learning environment regardless of standard.

We offer numerous group sessions across the week, if you are unsure which class to attend please contact one of our coaches who will be happy to assist.

Our coaches are also available for individual lessons and should be contacted directly to arrange.

Caitlin Steel 07805 523 717 £20 p/h

Jennifer Steel 07931 500 191 £20 p/h

Peter Robinson 07922 862 700 £15 p/h

Emma Gibson 07814 396 534 £15 p/h

General coaching enquiries should be sent to
steeltennis@newlandsltc.co.uk

*Please note non members may attend
one block of coaching before joining*





Block 5 Dates;

Monday 22nd October - Friday 21st December

(Please note some classes are 6 week blocks as coaches are on their Level 4 coaching course)

Mondays (9 weeks);

22nd/29th Oct; 5th/12th/19th/26th Nov; 3rd/10th/17th Dec

Tuesdays (9 weeks);

23rd/30th Oct; 6th/13th/20th/27th Nov; 4th/11th/18th Dec

Wednesdays (6 weeks);

31st Oct; 7th/14th/28th Nov; 5th/12th Dec

Thursdays (9 weeks);

25th Oct; 1st/8th/15th/22nd/29th Nov; 6th/13th/20th Dec
u12 Aces not on on 24th Oct, 21st Nov and 19th Dec

Fridays (9 weeks);

26th Oct; 2nd/9th/16th/23rd/30th Nov; 7th/14th/21st Dec

Saturdays (8 weeks);

27th Oct; 3rd/10th/17th/24th Nov; 1st/8th/15th Dec

Sundays (8 weeks);

28th Oct; 4th/11th/18th/25th Nov; 2nd/9th/16th Dec





Booking information - Block 5;

Monday 22nd October - Friday 21st December
(Please note some classes are 6 week blocks as coaches are on their Level 4 coaching course)

Prices vary depending on the number of weeks, duration and location of squad. Classes are filled on a first come first served basis, and as such we recommend early booking.

Please contact reception for more info.

Some classes will remain outside this block so we ask that children come dressed appropriately.

In the event of outdoor courts becoming unplayable, parents will be contacted as soon as possible.

It is imperative that reception have up to date contact details. Please ensure you complete a registration form when making payment.





TOTS



Tots Tennis is for pre school children aged 3 and 4 years old. Players learn the basics through a series of fun activities which challenge their balance, co-ordination, agility, movement and racket & ball skills.

CLASSES

All sessions are £3 PAYG

Tuesday 3.30-4pm

Wednesday 2-2.30pm



PARENT & CHILD



Parent & Child sessions are for pre school children aged 2-4 years old. Players work with their parent to go through fun exercises and games which challenge their balance, co-ordination, agility, movement and racket & ball skills.

Team work essential!

CLASSES

All sessions are £3 PAYG

Sunday 9-9.30am



MINI RED



Mini Tennis Red is for players aged 8 and under. It is played on small courts with short rackets and sponge balls or felt balls. It's just like the real game and gives players opportunities to have long rallies and play different types of shots.

CLASSES

**invite only*

Monday - Red Aces/Smashers* - 4-5pm

Tuesday - Red Hitters (P1&P2) - 4-5pm

Wednesday - Red Hitters (P3&P4) - 4-5pm

Thursday - Red Hitters (P1&P2) - 4-5pm

Friday - Red Hitters (P3&P4) - 4-5pm

Sunday - Red Hitters (P1-P4) - 9.30-10.30am

ADDITIONAL CLASSES

(MEMBERS ONLY)

Friday - Intro to Matchplay* - 5-6pm

*must be able to serve, rally and score

Saturday - Red Club - 9-10am



MINI ORANGE



Mini Tennis Orange is a great way for players to continue their progress from Mini Tennis Red and is for players aged 8 and 9. It is played with shorter rackets, softer balls and courts are bigger and wider than the red stage but still smaller than full-size tennis courts allowing players to develop a rounded game whilst learning a range of techniques and tactics.

CLASSES

**invite only*

Monday - Orange Aces/Smashers* - 4-5pm

Wednesday - Orange Hitters (P3&P4) - 4-5pm

Thursday - Orange Aces* - 6.30-8pm

Sunday - Orange Hitters - 9.30-10.30am

ADDITIONAL CLASSES

(MEMBERS ONLY)

Friday - Matchplay* - 5-6pm

**Must be able to serve, rally and score*

Saturday - Orange Club - 10-11am



MINI GREEN



Mini Tennis Green is a great way for players to continue their progress from Mini Tennis Orange. It is played on a full size tennis court, with bigger rackets and balls which are a little softer than yellow balls. It's the next stage before moving on to full compression yellow balls on a full sized court and helps players develop and improve all aspects of their game.

CLASSES

**invite only*

Tuesday - Green Aces - 4.30-5.30pm

Tuesday - Green Girls - 6-7pm

Wednesday - Green Boys - 5-6pm

Sunday - Green Mixed - 10.30-11.30 am

ADDITIONAL CLASSES

(MEMBERS ONLY)

Saturday - Green Club - 10-11am

Sunday - Matchplay - 11.30-12.30pm



YELLOW



Yellow tennis is played on a full sized court with full compression yellow balls. We have sessions available for all levels of player.

CLASSES

*invite only

Monday - u14 Girls Aces* - 5-6.30pm

Monday - u14 Boys Aces* - 6-7.30pm

Monday - u18 Girls Aces* - 7.30-9pm

Tuesday - Yellow Hitters (Girls) - 6-7pm

Tuesday - u14 Smashers - 7-8.30pm

Wednesday - Yellow Hitters (Boys) - 5-6pm

Thursday - u12 Aces* - 4-5.30pm

Thursday - u16 Smashers - 5-6.30pm

Friday - Yellow Aces* - 7-8.30pm

Sunday - Yellow Hitters/Smashers -
10.30-11.30Am

ADDITIONAL CLASSES

(MEMBERS ONLY)

Saturday - Yellow Club - 12-1pm

Sunday - Matchplay - 11.30-12.30pm



ADULT



Yellow tennis is played on a full sized court with full compression yellow balls. We have sessions available for all levels of player.

CLASSES

1 hour classes: £5 PAYG members, £7.50 NM

1.5 hour classes: £7.50 PAYG members, £10.50 NM

Monday - Ladies Morning - 10.30-11.30am

Wednesday - Cardio Tennis - 7-8pm

Saturday - Rusty Rackets - 11-12noon

ADDITIONAL CLASSES (MEMBERS ONLY)

Monday - Club Night - 7-9pm

Saturday - Adult Club - 1-2pm

We also have numerous teams in West leagues and provide competitive opportunities within the club for all players,