

# Newlands Ltc

18 Mochrum Road, Newlands, Glasgow, G43 2QE  
Tel 0141 632 1742

## INFORMATION & APPLICATION PACK

Thank you for showing interest in our Club.

The following literature will give you some information on the club facilities and the costs of subscription for the year 1<sup>st</sup> April 2011 – 31<sup>st</sup> March 2012.

Located in the South Side of Glasgow, Newlands Lawn Tennis Club is one of Scotland's top sports clubs. Much more than a Tennis Club, the club caters for team, social and junior tennis and squash, at all levels.

The facilities at the club are second to none:

- 4 indoor tennis courts
- 7 all weather tennis courts (4 floodlit)
- 5 Squash Courts (4 glass backed)
- A well equipped Gym
- Comfortable Clubhouse and Lounge Bar

## **TENNIS**

Boasting 5 Ladies and Gents Tennis Teams and over 8 Junior Teams. Newlands Teams and Individuals including British No1 (U14) Anna Brogan have collected a plethora of local and National trophies. Ladies, Gents and Juniors Teams strive to win their leagues each year and within the Club we have very exciting Club Championships contested each year.

## **SQUASH**

Newlands Lawn Tennis Club has five squash courts. Four of these courts are glass backed and have ample viewing areas suitable for hosting major squash events. We have one of the largest and most vibrant squash communities in the city and all levels of players are gladly welcomed.

We have six men's teams and two ladies' teams in the West of Scotland Leagues.

There are around 13 squash mini-leagues at Newlands which are suitable for all levels of players. The leagues change every month due to promotion and relegation.

## **COACHING**

Tennis and Squash coaching is available to our Members and we have resident coaches who operate Group and Individual programmes designed to fit all levels and individual requirements.

### **Tennis Coaching**

Malcolm Watt \_ 07830 327 851 Michael Welsh \_ 07951 966 831

Caitlin Steele \_ 07875 288 888

### **Squash Coaching**

Peter O'Hara \_ 07751 828 529

## **GYM**

Our Gym offers a facility which compliments and enhances our racquet sport facilities. Kitted out by TechnoGYM we have state of the art cardio and weights machine many with their own AV screens. We also have 3 resident personal trainers who are available to devise tailored programmes for enable individuals to reach their fitness goals.

Our equipment includes:

4 treadmills  
2 cross trainers  
2 rowers  
2 wave steppers  
2 exercise bikes

Free weights area  
Full range of Resistance equipment

As a Sports Club we want to encourage all our members to use the Gym facilities so all Senior Memberships are offered with a Gym add on option at great value for money.

We encourage our juniors to use the Gym as we wish to support increased sporting activity for all our younger members *but* we have to focus on safety etc. As a result junior rules are:

- Children 11- 15 can use the Gym *only* if supervised a Senior Member of the gym or someone 18years or over and their membership covers them to do so.
- Junior Gym Members who are 16years or over can use the gym without supervision.

### **Personal Training**

John Macnamara \_ 0771 553 6310    Lesley Laird \_ 0781 504 4005

Greg Hastie \_ 07983 984 535

## **BAR and CLUBHOUSE**

On the upper level of the Clubhouse you will find a spacious bar which has been recently refurbished, this overlooks the outdoor tennis courts and provides a great viewing platform. There is also a pool area and wide screen TV where we are delighted to show all major events in a relaxed environment. Families are welcome.

## **SOCIAL**

We know you will find NLTC to be very friendly and welcoming to new Members and there is Tennis Social sessions arranged where players of any level can get together with like minded players for a game.

## Subscription Payable for the year ending 31 March 2012

The following categories of membership are open for applications at Newlands Lawn Tennis Club.

Persons who join during the subscription year have their subscription fee reduced to the undernoted amounts according to the month in which they become a member.

	Senior	Intermediate	Junior	Family	Ass C	Res B	Gym
	Without /with gym	Without/with gym	Without /with gym	Without /with gym	Without /with gym	With Gym	
Apr 11	370 / 420	225 / 275	150 / 180	890 / 940	72 / 315	315	315
May 11	350 / 395	215 / 260	140 / 170	840 / 885	67 / 295	295	295
Jun 11	315 / 355	200 / 240	130 / 160	760 / 800	65 / 270	270	270
Jul 11	285 / 320	185 / 220	120 / 145	690 / 725	60 / 245	245	245
Aug 11	255 / 285	170 / 200	110 / 135	620 / 650	60 / 230	230	230
Sep 11	235 / 265	150 / 175	100 / 125	570 / 595	55 / 205	205	205
Oct 11	205 / 230	130 / 155	90 / 110	500 / 525	50 / 180	180	180
Nov 11	170 / 195	115 / 140	80 / 110	420 / 445	45 / 155	155	155
Dec 11	135 / 155	100 / 120	70 / 90	340 / 360	40 / 125	125	125
Jan 12	105 / 125	80 / 100	60 / 75	270 / 290	35 / 100	100	100
Feb 12	80 / 100	60 / 80	50 / 60	210 / 230	30 / 75	75	75
Mar 12	50 / 60	45 / 55	40 / 50	140 / 150	25 / 50	50	50

1. If admitted, you agree to abide by the Rules and Constitution of the Club.
2. You may be called upon to attend a meeting with members of the Committee.
3. Senior, Intermediate, Family and Gym memberships can be paid over 6 months depending on time of year of joining. Please contact reception for more details.

Senior	Full use of tennis, squash and clubhouse facilities at any time.
Intermediate	As senior (aged 18- 22 on 1 <sup>st</sup> January 2012)
Junior	As senior (aged up to 17 on 1 <sup>st</sup> January 2012)
Family	2 senior members and unlimited juniors at the same address.
Associate C	Use of bar only
Restricted B	Racquet sports and gym access between 9am- 5pm Mon- Fri / 6pm-10pm Sat & Sun.
Mini	Aged 5 - 10 allowing access to selected club coaching sessions for tennis and squash and play on mini tennis courts.
Gym	Use of Gym (16 and over) and Bar

.....PLEASE CUT ALONG LINE.....

**Lawn Tennis Association membership**

Registering with the LTA once you have joined the club is free of charge and is a benefit to both the club and member. Reception will automatically register you with the LTA unless you state otherwise.

No, I do not want to be registered with the LTA / Have a number-.....

<b>Membership Type</b>	<b>Annual Subscription without / with gym</b>	<b>Joining Fee</b>	<b>Please Tick</b>
<b>Senior</b>	<i>£370 / £420</i>	<b>£100</b>	
<b>Intermediate</b>	<i>£225 / £275</i>	<b>£50</b>	
<b>Junior</b>	<i>£150 / £180</i>	<b>£25</b>	
<b>Family</b>	<i>£890 / £940</i>	<b>£150</b>	
<b>Associate C</b>	<i>£72 / £315</i>	<b>Nil</b>	
<b>Restricted B</b>	<i>£315</i>	<b>£25</b>	
<b>Gym</b>	<i>£315</i>	<b>£25</b>	
<b>Mini</b>	<i>£50</i>	<b>Nil</b>	

**NAME**

**ADDRESS**

**POST CODE**

**TEL**

**EMAIL**

**D.O.B**

**OCCUPATION**

**PROPOSER (CURRENT CLUB MEMBER).....**

**SIGNATURE.....**

**PAYMENT DETAILS**

**DATE.....**

**AMOUNT PAID.....**

**CASH/CHQ/CC/SO..... SIGNATURE.....**